

YoungStroke connects you with resources to help you recover from stroke.

### YoungStroke Support Groups

843.655.2835

*Offers a community of peer support*

### SC Vocational Rehabilitation

800.832.7526 (toll free)

*Offers assistance to re-enter the workplace*

### SC Assistive Technology

800.915.4522 (toll free)

*Offers equipment to enhance quality of life for disabled adults*

### Area Agency on Aging

800.677.1116 (toll free)

*Offers respite care resources*

*YoungStroke, Inc. is a 501(c)3 non-profit advocacy organization for adult stroke survivors who experienced their first stroke between the ages of 20 and 64, and their caregivers. We accomplish our mission through community outreach and patient education.*

*For more information, visit*

**[www.youngstroke.org](http://www.youngstroke.org)**

*All persons featured in this brochure are actual young stroke survivors residing in South Carolina. Photos by fellow stroke survivor Ralph Preston at Conway's Rotelli's Restaurant.*

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**Donate**



*You're not alone ...*



**STROKE IN SOUTH CAROLINA'S  
YOUNG ADULTS**

*Changing  
the way  
other's  
view stroke*

**Young  
STROKE** INC.

Stroke can strike  
at any age.

When stroke occurs to young adults, they may need assistance with a few, or all of these:

- Parenting
- Dating
- Career development
- Job retraining
- Continuing education
- Assistive technology

Others may be able to return to their lives with minor modifications of their pre-stroke behaviors.

YoungStroke was founded by a young stroke survivor.

In South Carolina,  
nearly half of all strokes  
occur among those  
under the age of 65.

*Source: DHEC, 2010*



“... had a stroke  
while sleeping.”

Ann, 63, Librarian  
Myrtle Beach



“ ... had a stroke  
while driving.”

Larry, 50, Administrator  
Conway



“ ... had a stroke in  
the shower.”

Marcus, 43, Attorney  
Mt. Pleasant



“ ... had a stroke while  
bathing my dog.”

Clifford, 47, Salesman  
Socastee

YoungStroke provides  
services for individuals,  
communities and healthcare  
organizations.

Support groups

Referral networks

Advocacy

Research

Community Outreach

Patient education

Print materials

YoungStroke requires *no*  
membership fees for  
individual participation.